

# CLINIC SERVICES

## SENSORY INTEGRATION



### What is Sensory Integration?

Sensory Integration is the organization of sensory information (input from our hearing, vision, taste, smell, and touch). We are always receiving a large quantity of sensory information, from both our body and the environment, and we need to process this in order to understand our surroundings and learn about the world around us. Under- or over-stimulation can interfere with learning.

### What is Sensory Integration Therapy?

Sensory Integration Therapy is a specialty within Occupational Therapy. It involves the use of special equipment and sensory-rich activities to help a child improve his/her ability to take in, make sense of, and respond to sensory input.

### Who benefits from Sensory Integration Therapy?

Children who have problems with sensory integration, who may have difficulty putting on clothes, making friends, or may have strong reactions to loud noises or bright lights.

### What does Sensory Integration Therapy consist of?

It can take many forms, but will include a range of different sensory inputs, such as touching and feeling different materials, adapting to noises and sights, practicing hand eye coordination, and desensitizing children who are sensitive to touch.

### What can Sensory Integration help with?

- Learning how to respond appropriately to sensory stimuli
- Difficulties in responding to bright lights and loud noises
- Impairments in differentiating different materials
- Being overwhelmed by multiple stimuli
- Repetitive behaviors

### What is the first step?

When you contact us, our Intake Specialist will discuss your needs and concerns with you over the phone. She will then consult with our team of specialists to match you with the most suitable professional to support you and your child.

You will then meet with the specialist(s) for an intake meeting, during which they will work with you to determine the most appropriate next steps for your child. The intake meeting usually involves a parent interview, an observation of your child, or a screening activity with your child.

ELG is a social enterprise that provides special education services to families and children in Shanghai. We offer full time programs, assessments, therapies, consulting, and professional development for educators and other professionals.

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