

# CLINIC SERVICES

## OCCUPATIONAL THERAPY



### What is Occupational Therapy?

Occupational Therapy helps people become more functional and independent by facilitating their mastery of skills that are crucial for development or daily living. It helps develop fine motor skills and can also address sensory integration issues.

### Who benefits from Occupational Therapy?

Children of any age who are not meeting developmental milestones in motor skills and hand eye coordination, who are finding it difficult to take in sights and sounds, or who need a bit more help with coordination.

### What does Occupational Therapy consist of?

Depending on the individual, the therapist will use a variety of tools to help the child with whatever task they are struggling with. Sessions will often take place in a dedicated room and will involve the use of equipment, such as ropes and ladders, as well as specially adapted pens and plates.

### What can Occupational Therapy help with?

- Sensory integration
- Gross and fine motor skills
- Visual motor integration skills
- A child's ability to independently perform self-care skills
- A child's home and community environments to improve their safety and independence
- Learning to respond appropriately to information coming through the senses
- Interacting and communicating with others, often worked on through play activities

### What is the first step?

When you contact us, our Intake Specialist will discuss your needs and concerns with you over the phone. She will then consult with our team of specialists to match you with the most suitable professional to support you and your child.

You will then meet with the specialist(s) for an intake meeting, during which they will work with you to determine the most appropriate next steps for your child. The intake meeting usually involves a parent interview, an observation of your child, or a screening activity with your child.

ELG is a social enterprise that provides special education services to families and children in Shanghai. We offer full time programs, assessments, therapies, consulting, and professional development for educators and other professionals.

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